

**33rd Annual Clinical Day in Family Medicine**

Four Points by Sheraton

London, Ontario

Wednesday, May 14, 2025

7:00 a.m. to 4:15 p.m.

**AGENDA**

**Overall Learning Objectives:**

1. Recognize a variety of common problems and emerging issues in Family Practice.
2. Discuss challenges primary care physicians and allied health professionals face in their individual practices.
3. Identify and discuss key topics in family medicine education.

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| **Time** | **Session** | **Location** |
| 7:00 a.m. | ***Early Bird Breakfast Session: What is new in Osteoporosis in 2025?***  **Speaker: Dr. Tayyab Khan, Endocrinologist, London Health Sciences Centre and St. Joseph’s Health Care London**  At the conclusion of this session, participants will be able to:  1. Describe the epidemiology and treatment care gap of osteoporosis.  2. Discuss the limitations of Fracture prediction Tools.  3. Describe treatment modalities with an emphasis on sequencing of treatments for osteoporosis. | Balmoral A & B |
| 7:45 a.m. | **Question & Answer Period** |  |
| 8:00 a.m. | **Registration** | Exhibition Hallway |
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| 8:15 a.m. | **Welcome and Opening Remarks**  ⮚ Dr. Jeffrey Price, Education Chair, Scientific Program Committee  ⮚ Dr. Scott McKay, Department Head, Family Medicine, London Health Sciences Centre; and Chief, Family Medicine, St. Joseph’s Health Care London | Grand Bristol Ballroom |
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| 8:30 a.m. | ***Pearls, Pearls and More Pearls! Practical Pediatric Dermatology for the Family Medicine Practitioner***  **Speaker: Dr. Javed Mohammed, Paediatric Dermatologist, London Health Sciences Centre**  At the conclusion of this session, participants will be able to:  1. Develop an approach to the diagnosis of common paediatric skin conditions.  2. Implement first line treatments when appropriate.  3. Triage conditions appropriately for dermatology referral. | Grand Bristol Ballroom |
| 9:00 a.m. | **Question & Answer Period** |  |
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| 9:10 a.m. | ***Sudden sensorineural hearing Loss (SSNHL): Diagnosis, Treatment and Post-treatment Interventions***  **Speaker: Nicole Lanthier, Audiologist, St. Joseph’s Health Care London**  At the conclusion of this session, participants will be able to:  1. Describe Sudden Sensorineural Hearing Loss (SSNHL) and how it occurs.  2. Explain what treatments are available for SSNHL and optimal timelines for treatment.  3. Describe post-treatment interventions and rehabilitation for patients having experienced SSNHL. | Grand Bristol Ballroom |
| 9:40 a.m. | **Question & Answer Period** |  |
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| 9:50 a.m. | ***Sleep Medicine: An introduction to Sleep Disordered Breathing and its Management***  **Speaker: Dr. William Reisman, Respirologist, London Health Sciences Centre and St. Joseph’s Health Care London**  At the conclusion of this session, participants will be able to:  1. Describe the common presentations of sleep disordered breathing with a focus on clinical screening tools.  2. Explain the diagnosis of and common treatment for sleep disordered breathing.  3. Discuss the benefits of treatment for sleep disordered breathing and the impacts of untreated obstructive sleep apnea on long term health. | Grand Bristol Ballroom |
| 10:20 a.m. | **Question & Answer Period** |  |
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| 10:30 a.m. | **◊◊Nutrition & Stretch Break◊◊** | Kensington &  Exhibition Hallway |
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| 11:00 a.m. | ***Are you a good or GREAT teacher?***  **Speakers: Dr. Eric Wong, Family Physician, St. Joseph’s Family Medical Centre, London & Dr. Jamie Wickett, Family Physician, Victoria Family Medical Centre, London**  At the conclusion of this session, participants will be able to:  1. Describe the teaching tips that can make a great teacher. | Grand Bristol Ballroom |
| 11:15 a.m. | **Question & Answer Period** |  |
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| 11:20 a.m. | **Announcements: Dr. Keith Johnston Scholarship presentation** | Grand Bristol Ballroom |

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| 11:30 a.m. | **James McSherry Memorial Lecture (11:00 a.m.)**  ***Finding Your Joy in Family Medicine…***  ***a Journey to Discovery!***  **John M. Maxted MD, MBA, CCFP**  **Comprehensive Family Physician & Teacher (retired)**  **Associate Professor Emeritus, Temerty Faculty of Medicine, University of Toronto**  **Former Chief of Staff, Chatham Public General Hospital**  **Former Chief of Staff &**  **VP of Medical Affairs, Grand River Hospital**  **VP of Professional Affairs, Comcare Health Services**  **Associate Executive Director, Health & Public Policy, CFCP**  **Academic Chief, Markham Family Medicine Teaching Unit**  At the conclusion of this session, participants will be able to:  1. Identify individual strategies to advance one’s career while fostering professional satisfaction and well-being.  2. Identify opportunities to improve fulfillment in the field of Family Medicine.  3. Identify effective approaches to enhance professional enjoyment in the career development of family physicians. | Grand Bristol Ballroom |
| 12:15 p.m. | **Question & Answer Period** |  |
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| 12:30 p.m. | **◊◊Lunch Break◊◊** | Kensington |
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| 12:30 p.m. | **Thames Valley Family Health Team (TVFHT) Lunch and Learn!**  **Bring your lunch and discover how TVFHT can help your patients!** | London A/B |
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| 1:45 p.m. | **Concurrent Small Group Sessions** |  |
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|  | **A1 & A2: *Considerations for Interventional Pain Management in Primary Care***  **Speaker: Dr. Eldon Loh, Physical Medicine & Rehabilitation Physician,**  **St. Joseph’s Health Care London**  At the conclusion of this session, participants will be able to:  1. Describe interventional options for the management of axial spine pain.  2. Discuss how to optimize the selection and referral of patients for commonly performed interventional spine procedures.  3**.** Describe the techniques for selected injections (trigger point, first CMC joint, first MTP, and carpal tunnel) that family physicians can provide in their practices. | TBD |

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|  | **B1 & B2: *Approach to Substance Use Disorders and Sequala for the Family Physician***  **Speakers: Dr. Ivana Burčul, Addiction Medicine Consultant, Addiction Medicine Consult Service, London Health Sciences Centre & Dr. Arash Dhaliwal, Psychiatrist, Addiction Medicine Consult Service, London Health Sciences Centre**  At the conclusion of this session, participants will be able to:  1. Explain recovery-oriented care and the role of a primary care provider in treating substance use disorders.  2. Develop an approach to treating alcohol use disorder.  3. Develop an approach to treating opioid and stimulant use disorder. | TBD |
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|  | **C1: *How to use Magic in a Clinical Setting to Enhance Patient Care and Experiences***  **Speaker: Dr. Lalit Chawla, Family Physician, Chatham Kent Health Alliance**  At the conclusion of this session, participants will be able to:  1. Employ magic tricks as a means of establishing rapport with patients and evaluate the impact of these techniques on patient rapport building.  2. Teach patients how to use magic to help improve function in a rehabilitation setting.  3. Apply magic or illusions to demonstrate medical principles and concepts. | TBD |
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|  | **D1 & D2*: Working with Adolescent Depression and Anxiety***  **Speaker: Dr. Maya Gupta, Psychologist, Thames River Therapy, London**  At the conclusion of this session, participants will be able to:  1. Identify and screen for symptoms of depression and anxiety in adolescents.  2. Summarize psychosocial treatment approaches for anxiety and depression and how to broach these conversations with teens and their families.  3. Identify local resources and services available to patients. | TBD |
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|  | **E1 & E2: *Palliative Pain and Symptom Management in your Office Practice***  **Speaker: Dr. Anita Singh, Palliative Care Physician, London Health Sciences Centre and St. Joseph’s Health Care London**  At the conclusion of this session, participants will be able to:  1. Summarize the role of the Edmonton Symptom Assessment System (ESAS) and the Palliative Performance Scale (PPS)/Eastern Cooperative Oncology Group (ECOG) in assessing and guiding palliative care interventions.  2. Describe a general approach to symptom management in patients receiving palliative and end of life care.  3. Describe the management of common gastrointestinal symptoms in patients receiving palliative and end of life care. | TBD |
| 2:30 p.m. | Question & Answer Period |  |

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| 2:45 p.m. | ◊◊Nutrition Break◊◊ | Kensington & Exhibition Hallway |
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| 3:15 p.m. | **Small Group Session Two: Repeat of Concurrent Sessions above except for session “C” which is offered only once** |  |
| 4:00 p.m. | Question & Answer Period |  |
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| 4:15 p.m. | Receipt of Electronic Evaluation/ Adjournment |  |

**25% of this program is dedicated to participant interaction**

**CFPC (Mainpro+ Certified Activity)**

This activity meets the certification criteria of the College of Family Physicians of Canada

and has been certified by Continuing Professional Development, Schulich School of Medicine

& Dentistry, Western University for up to **XXX** Mainpro+® Certified Activity credits.

**This program has received an educational grant or in-kind support from:**

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