



34th Annual Clinical Day in Family Medicine

Four Points by Sheraton
London, Ontario
Wednesday, May 13, 2026
7:00 a.m. to 4:15 p.m.

AGENDA

Overall Learning Objectives:

1. Recognize a variety of common problems and emerging issues in Family Practice.
2. Discuss challenges primary care physicians and interprofessional healthcare providers face in their individual practices.
3. Identify and discuss key topics in family medicine education.

Time	Session	Location
7:00 a.m.	<p>Presentation: <i>From Clinic to Climate: Practical Sustainability Strategies for Primary Care Clinicians</i> Speaker: Ms. Katherine Koroluk, Pharmacist, Thames Valley Family Health Team</p> <p>At the conclusion of this session, participants will be able to:</p> <ol style="list-style-type: none"> 1. Describe the connection between Health Equity and Environmental Sustainability and how this relates to the provision of primary care. 2. Identify opportunities to improve environmentally sustainability in their work as primary care clinicians. 3. Critically examine their own primary care practice and apply a framework for environmental sustainability to their work as primary care clinicians. 	Balmoral A & B
7:45 a.m.	Question & Answer Period	
8:00 a.m.	Registration	Exhibition Hallway
8:15 a.m.	<p>Welcome and Opening Remarks</p> <ul style="list-style-type: none"> ➤ Dr. Jeffrey Price, Education Chair, Scientific Program Committee ➤ Dr. Scott McKay, Department Head, Departments of Family Medicine of London Health Sciences Centre and St. Joseph's Health Care London 	Grand Bristol Ballroom

8:30 a.m.	<p>Presentation: Transforming Preventative Vascular Care: Implementing Ontario's New AAA Screening Strategy</p> <p>Speaker: Dr. Fadi Elias, Vascular Surgeon and Assistant Professor of Surgery at McMaster University, Hamilton</p> <p>At the conclusion of this session, participants will be able to:</p> <ol style="list-style-type: none"> 1. Explain Ontario's updated AAA screening framework. 2. Identify eligible patient groups and how to streamline referrals. 3. Recognize early intervention opportunities to improve patient outcomes. 4. Employ collaboration between primary care and vascular specialists to enhance preventative care. 5. Develop strategies to identify early peripheral arterial disease and prevent future amputations. 	Grand Bristol Ballroom
8:50 a.m.	Question & Answer Period	
9:00 a.m.	<p>Presentation: Chronic Kidney Disease Unlocked: New Drugs, Guidelines & Tools to Slow the Silent Killer (2026 Update)</p> <p>Speaker: Dr. Elie Gharib, Nephrologist, London Health Sciences Centre</p> <p>At the conclusion of this session, participants will be able to:</p> <ol style="list-style-type: none"> 1. Identify the latest 2025-2026 pharmacologic breakthroughs (e.g., expanded SGLT2i/GLP-1RA indications, finerenone combos) and apply them to slow CKD progression in primary care patients. 2. Implement updated KDIGO guideline recommendations for early CKD detection, risk stratification, and cardio-kidney protection in primary care settings. 3. Optimize everyday management of common nephrology issues (hypertension, anemia, cardiorenal syndrome) using evidence-based strategies. 	Grand Bristol Ballroom
9:20 a.m.	Question & Answer Period	
9:30 a.m.	<p>Presentation: Menopause in Primary Care: Practical Tools & Clinical Pearls</p> <p>Speakers: Dr. Amanda Wiebe, Family Physician & Menopause Practitioner (MSCP) Ms. Payal Patel, Pharmacist, Thames Valley Family Health Team Ms. Roberta Heale, Nurse Practitioner & Menopause Practitioner (MSCP)</p> <p>At the conclusion of this session, participants will be able to:</p> <ol style="list-style-type: none"> 1. Apply patient-centered, evidence-based approaches to perimenopause and menopause using case-based learning. 2. Implement practical tools and team-based strategies to operationalize menopause care in primary care. 3. Prescribe menopausal hormone therapy confidently using evidence-based pearls and effective patient counseling. 	Grand Bristol Ballroom
10:15 a.m.	Question & Answer Period	
10:30 a.m.	◊◊Nutrition & Stretch Break◊◊	Kensington & Exhibition Hallway

11:00 a.m.	<p style="text-align: center;">James McSherry Memorial Lecture</p> <p style="text-align: center;">Reaching the goal of primary care for everyone in Ontario</p> <p style="text-align: center;">Jane Philpott MD, MPH, CCFP Chair, Ontario Primary Care Action Team Former Federal Minister of Health (2015 – 2017)</p> <p>At the conclusion of this session, participants will be able to:</p> <ol style="list-style-type: none"> 1. Describe the objectives of Ontario’s Primary Care Action Plan. 2. Explain how family physicians play a lead role in a geographic model for primary care supported by interprofessional teams. 3. State how to track progress through a data-driven approach to geographic attachment. 	Grand Bristol Ballroom
11:45 a.m.	Question & Answer Period	
12:00 p.m.	Dr. Keith Johnston Scholarship presentation & announcements	
12:15 p.m.	◊◊Lunch Break◊◊	Kensington
1:30 p.m.	Concurrent Small Group Sessions	
	<p><i>A1 & A2: Presentation: Antibiotics with Intention: Practical clinical updates in urinary tract infections, pharyngitis, and community-acquired pneumonia</i> Speakers: Dr. Lise Bondy, Physician-Lead, Antimicrobial Stewardship Program, St. Joseph’s Health Care London Ms. Amy Aasen, Pharmacist, Antimicrobial Stewardship Program, St. Joseph’s Health Care London</p> <p>At the conclusion of this session, participants will be able to:</p> <ol style="list-style-type: none"> 1. Summarize updated definitions of uncomplicated and complicated urinary tract infection (UTI) and apply these changes to UTI management. 2. Apply evidence-based recommendations for Group A Streptococcal pharyngitis diagnosis and management. 3. Summarize current recommendations for the outpatient management of community-acquired pneumonia, including where macrolides (may) have a place in therapy. 	TBA

	<p>B1 & B2: Presentation: Pessary Care in Primary Care: Skills training in Office Management of Pessaries (registration limited to 30 individuals per session) Speaker: Dr. Jo-Anne Hammond, Family Medicine Obstetrics Physician and Community Family Physician, London</p> <p>At the conclusion of this session, participants will be able to:</p> <ol style="list-style-type: none"> 1. Provide pessary management in a planned proactive manner. 2. Employ how to remove, clean and re-insert pessaries in an office environment and manage issues of spotting if they arise. 3. Instruct women how to do their own pessary care. 	TBA
	<p>C1 & C2: Presentation: Shared Medical Appointments: A win-Win for Patients & Primary Care Providers Speaker: Dr. Larry Schmidt, Family Physician, Sauble Beach</p> <p>At the conclusion of this session, participants will be able to:</p> <ol style="list-style-type: none"> 1. Describe the concept of Shared Medical Appointments including the structure, benefits, and key components of SMA's in primary patient care. 2. Examine the impact on patient experience including how SMA's improve patient satisfaction, foster a sense of community, and enhance overall health outcomes. 3. Identify the advantages for healthcare providers including how SMA's reduce administrative workload, promote efficient use of time, and improve patient engagement and compliance. 	TBA
	<p>D1 & D2: Presentation: Attention Deficit with Hyperactivity Disorder: The Essentials Speakers: Dr. Gary Tithecott, Paediatrician, London Health Sciences Centre & St. Joseph's Health Care London Dr. Margaret Steele, Child & Adolescent Psychiatrist, London</p> <p>At the conclusion of this session, participants will be able to:</p> <ol style="list-style-type: none"> 1. Describe the general approach to assessment and management of attention deficit with hyperactivity disorder (ADHD) in children and adolescents. 2. Outline the evidence-based approach to pharmacological intervention of ADHD and the medications used. 3. Explain the non-pharmacological interventions for ADHD. 	TBA
	<p>E1: Presentation: Finding and improving the teacher in you! Speakers: Dr. Eric Wong, Family Physician, St. Joseph's Family Medical Centre, London Dr. Jamie Wickett, Family Physician, Victoria Family Medical Centre, London Dr. Elena Matusa, Community Family Physician</p> <p>At the conclusion of this session, participants will be able to:</p> <ol style="list-style-type: none"> 1. Describe qualities of effective teachers. 2. Describe effective tools for teaching students and residents. 3. Describe how you will approach teaching differently after reflecting on your own learning and teaching experiences. 	TBA
2:25 p.m.	Question & Answer Period	

2:45 p.m.	◊◊Nutrition Break◊◊	Kensington & Exhibition Hallway
3:00 p.m.	Small Group Session Two: Repeat of Sessions above except for Session E1 which is replaced by Session E2.	
3:00 p.m.	<p>E2: <i>Presentation: First Five Years of Practice: Top Things I Wish I Knew</i> Speakers: Dr. Janina Mailloux, Family Physician, Middlesex Centre Family Medicine Clinic Dr. Theodosios Karouzas, Family Physician, Southwest Middlesex Health Centre Dr. Devon Shewfelt, Family Physician, Thames Valley Family Health Team</p> <p>At the conclusion of this session, participants will be able to:</p> <ol style="list-style-type: none"> 1. Describe core considerations in the transition to professional practice. 2. Discuss strategies for professional sustainability and wellness by addressing early-career challenges. 3. Examine early-career professional pathways in family medicine, including the range of practice environments, roles, and structural factors. 	TBA
4:55 p.m.	Question & Answer Period	
4:15 p.m.	Receipt of Electronic Evaluation/Adjournment	

25% of this program is dedicated to participant interaction