

**31st Annual Clinical Day in Family Medicine**

Four Points by Sheraton

London, Ontario

Wednesday, May 10, 2023

7:00 a.m. to 4:15 p.m.

**AGENDA**

**Learning Objectives**

1. Recognize a variety of common problems and emerging issues in Family Practice.
2. Discuss challenges primary care physicians and allied health professionals face in their individual practices.
3. Identify and discuss key topics in family medicine education.

***25% of this program is dedicated to participant interaction***

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| **Time** | **Session** | **Location** |
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| 7:00 a.m. | **Early Bird Breakfast Session: Pearls in Hematology for Family Physicians*** Dr. Cyrus Hsia, Hematologist
 | Balmoral A & B |
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| 8:00 a.m. | **Registration** | Exhibition Hallway |
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| 8:20 a.m. | **Welcome and Opening Remarks** * Dr. Scott McKay,

LHSC Department Head, Family Medicine; and St. Joseph’s Health Care, Chief, Family Medicine* Dr. Jeffrey Price,

Chair, Scientific Program Committee | Grand Bristol Ballroom |
| 8:30 a.m. | **The Nuts and Bolts of Men’s Health*** Dr. Jeffrey Campbell, Urologist
 | Grand Bristol Ballroom |
| 9:00 a.m. | **The Family Medicine Game Show 2023: “The things I wished I knew, but I didn’t, now I do, woohoo!”**⮚ Dr. Dan Leger, Family Physician | Grand Bristol Ballroom |
| 9:45 a.m. | **Prenatal Genetic Screening: Know your options and cut down on unnecessary referrals*** Dr. Andrew Hemphill, Family Physician - Obstetrics
 | Grand Bristol Ballroom |
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| 10:15 a.m. | **◊◊Nutrition Break◊◊** | Manchester & Exhibition Hallway |
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| 10:45 a.m. | **Keynote Presentation: Wellness Wealth: managing the occupational hazard of burnout**⮚ Dr. Nour Khatib, Family Physician  | Grand Bristol Ballroom |
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| 11:45 a.m. | **Are you a good or GREAT teacher?**⮚ Dr. Eric Wong & Dr. Jamie Wickett, Family Physicians | Grand Bristol Ballroom |
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| 12:15 p.m. | **Announcements: Dr. Keith Johnston Scholarship presentation** | Grand Bristol Ballroom |
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| 12:30 p.m. | **◊◊Lunch Break◊◊** | Kensington |
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| 12:30 p.m. | **◊◊Thames Valley Family Health Team (TVFHT) Lunch and Learn! Bring your lunch and discover how TVFHT can help you patients! ◊◊** | London A&B |
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| 1:45 p.m. | **Concurrent Small Group Sessions** |  |
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| **RED DOT** | **1A & 2A: The 300 Medications Most Commonly Prescribed for Ontario’s Seniors: an evidence-based review** * Dr. Christopher Brymer, Geriatrician
 | Grand Bristol Ballroom A&B |
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| **GREEN DOT** | **1B & 2B: Hands-on Tips and Tricks in Otoscopy*** Dr. Murad Husein, Otolaryngologist
 | Manchester |
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| **NAVY DOT** | **1C & 2C: Cases from the Great White North*** Dr. Nour Khatib, Family Physician
 | Balmoral A&B |
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| **YELLOW DOT** | **1D & 2D: Navigating Challenging Patient Interactions**⮚Dr. Maryna Mammoliti, Psychiatrist | London A&B |
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| **LIGHT BLUE****DOT** | **1E & 2E: How to Help Your Itchy Patients**⮚Dr. Jessica Howard, Family Physician | Grand Bristol Ballroom C |
| 2:45 p.m. | ◊◊Nutrition Break◊◊ | Kensington  |
| 3:15 p.m. | **Small Group Session Two: Repeat of Concurrent Sessions above** |  |
| 4:15 p.m. | Receipt of Electronic Evaluation/ Adjournment |  |

**NOTE:** The program *Evaluation* will be sent to your email address and returned by you electronically. Your *Certificate of Attendance* will be sent to your email address.

***Session Learning Objectives***

***Early Bird Breakfast***

***Pearls in Hematology for Family Physicians***

**Speaker: Dr. Cyrus Hsia**

**Learning objectives:**

1. Determine when derangements in hemoglobin, white cell count, and platelets are concerning and how to initiate appropriate diagnostic and management strategies.
2. Describe an approach to splenomegaly.
3. Describe approaches in recognizing and dealing with potential hematologic urgencies/emergencies.

***Morning Plenary Sessions***

***The Nuts and Bolts of Men’s Health***

**Speaker: Dr. Jeffrey Campbell**

**Learning Objectives:**

1. Discuss new strategies and technologies for managing benign prostatic hyperplasia (BPH).
2. Discuss management of sexual dysfunction in men.
3. Comprehend the management of hypogonadism.
4. Examine strategies for managing chronic pelvic or scrotal content pain in men.

***The Family Medicine Game Show 2023: “the things I wished I knew, but I didn’t, now I do, woohoo!”***

**Speaker: Dr. Dan Leger**

**Learning Objectives:**

1. Review differentials that can present as common family medicine symptoms.
2. Identify common mistakes, misdiagnoses and mishaps seen in family practice.
3. Evaluate “gamification” as an educational learning tool.

***Prenatal Genetic Screening: Know your options and cut down on unnecessary referrals***

**Speaker: Dr. Andrew Hemphill**

**Learning Objectives:**

1. Identify the publicly funded prenatal genetic screening options in Ontario.
2. Identify the private pay prenatal genetic screening options in Ontario.
3. Recognize the situations in prenatal genetic screening that warrant referral to Medical Genetics.

***Keynote Presentation: Wellness Wealth: managing the occupational hazard of burnout***

**Speaker: Dr. Nour Khatib**

**Learning Objectives:**

1. Define the occupational hazard that is burnout among physicians and allied health.
2. State the national and global impact of burnout.
3. Describe principles to manage and mitigate overwhelm.
4. Demonstrate aspects of wellness wealth.
5. Identify practical actions and resources to use.

***Are you a good or GREAT teacher?***

**Speakers: Dr. Eric Wong & Dr. Jamie Wickett**

**Learning Objective:**

1. Describe key teaching tips that can make a great teacher.

***Afternoon Small Group (Concurrent) Sessions***

***The 300 Medications Most Commonly Prescribed for Ontario’s Seniors: an evidence-based review***

**Speaker: Dr. Chris Brymer**

**Learning Objectives:**

1. Describe the 300 most commonly prescribed medications through ODB for Ontarians 65 and over, and their age-appropriate doses.
2. Review the evidence for, and against, the use of particular medications in clinical practice.
3. Identify prescribing trends that are associated with better, or worse, outcomes.

***Hands-on Tips and Tricks in Otoscopy***

**Speaker: Dr. Murad Husein**

**Learning Objectives:**

1. State the functional anatomy of the tympanic membrane.
2. Identify common pathologies of the middle ear through otoscopy.
3. Recognize the differences between pediatric and adult otoscopy.

***Cases from the Great White North***

**Speaker: Dr. Nour Khatib**

**Learning Objectives:**

1. Identify the complexities of working in a low-resource setting.
2. Identify the complexities of triaging numerous flights from remote communities.
3. Examine telemedicine cases leading ACLS/ATLS/PALS codes.
4. Discuss interesting infectious disease cases of the North.

***Navigating Challenging Patient Interactions***

**Speaker: Dr. Maryna Mammoliti**

**Learning Objectives:**

1. Describe challenging patient interactions.
2. Identify common clinical reasons for challenging patient interactions.
3. Review strategies to manage challenging patient interactions.

***How to Help Your Itchy Patients***

**Speaker: Dr. Jessica Howard**

**Learning Objectives:**

1. Develop an approach to a patient with localized and generalized pruritus.
2. Identify when to initiate treatment for patients to alleviate suffering.
3. Recognize patients that may benefit from referral to a specialist in dermatology.

**Scientific Planning Committee**

**Dr. Jeffrey Price, Chair Dr. Scott McKay Dr. Richard Pawliszyn**

**Dr. Stephen Wetmore Dr. Justin Mall Dr. Laura Lyons**

**Dr. Neil Sengupta Dr. Faria Rubab Dr. Eric Wong**

 **Sheena Blasing, Program Coordinator**

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