



32nd Annual Clinical Day in Family Medicine

Four Points by Sheraton
London, Ontario
Wednesday, May 8, 2024
7:00 a.m. to 4:15 p.m.

AGENDA

Program Learning Objectives

1. Recognize a variety of common problems and emerging issues in Family Practice.
2. Discuss challenges primary care physicians and allied health professionals face in their individual practices.
3. Identify and discuss key topics in family medicine education.

Time	Session	Location
7:00 a.m.	Early Bird Breakfast Session: Mastering Migraine: A Comprehensive Guide for the General Practitioner ➤ Dr. Tommy Chan, Neurologist	Balmoral A & B
8:00 a.m.	Registration	Exhibition Hallway
8:15 a.m.	Welcome and Opening Remarks ➤ Dr. Scott McKay, Physician Department Head, Family Medicine, London Health Sciences Centre; and Chief, Family Medicine, St. Joseph's Health Care London ➤ Dr. Jeffrey Price, Education Chair, Scientific Program Committee	Grand Bristol Ballroom
8:30 a.m.	The Ebb and Flow of Type 2 Diabetes: Is Remission Possible? ➤ Dr. Sonja Reichert, Family Physician	Grand Bristol Ballroom
9:00 a.m.	The Role of Primary Care in Managing Infertility Cases ➤ Dr. John McNaught, Obstetrician/Gynecologist	Grand Bristol Ballroom
9:30 a.m.	First Nations or last? Healthcare Sovereignty and Allyship in Deshkan Ziiibiing: Sharing from a physician who walks in two worlds ➤ Dr. Samantha Boshart, Family Physician	Grand Bristol Ballroom
10:00 a.m.	Are you a good or GREAT teacher? ➤ Dr. Eric Wong & Dr. Jamie Wickett, Family Physicians	Grand Bristol Ballroom
10:20 a.m.	◊◊Nutrition & Stretch Break◊◊	Manchester & Exhibition Hallway

10:50 a.m.	Announcements: Dr. Keith Johnston Scholarship presentation	Grand Bristol Ballroom
11:00 a.m.	<p align="center">James McSherry Memorial Lecture (11:00 a.m.)</p> <p align="center"><i>Unleashing the Power of AI in Community Practice: the good, the bad, the ugly</i></p> <p align="center">Dr. Devin Singh MBBS, MSc (Computer Science), FRCPC Assistant Professor Temerty Faculty of Medicine & Division of Computer Science Staff Physician Paediatric Emergency Medicine The Hospital for Sick Children Physician Lead Clinical AI in Medicine for Kids (AIM) The Hospital for Sick Children Co-Lead Research Temerty Centre for AI Research & Education in Medicine University of Toronto Co-founder & CEO Hero AI (www.heroai.ca)</p>	Grand Bristol Ballroom
12:30 p.m.	◊◊Lunch Break◊◊	Kensington
12:30 p.m.	Thames Valley Family Health Team (TVFHT) Lunch and Learn! Bring your lunch and discover how TVFHT can help you patients!	TBA
1:45 p.m.	Concurrent Small Group Sessions	
	A1 & A2: The New 2024 Ontario Health Hypertension Quality Standards – what does this mean for Primary Care? ➤ Dr. George Dresser, Clinical Pharmacologist	TBA
	B1 & B2: Prescribing Apps for Lifestyle Medicine ➤ Dr. Jeffrey Alfonsi, Clinical Pharmacologist	TBA
	C1 & C2: Injections for Chronic Pain Management – a practical workshop ➤ Dr. Eldon Loh, Physical Medicine & Rehabilitation Physician	TBA
	D1 & D2: Ophthalmology in Primary Care ➤ Dr. Yiannis Iordanous, Ophthalmologist	TBA
	Session 5: Dermoscopy in Family Medicine – 101 NOTE: A full afternoon workshop. ➤ Dr. Saadia Jan, Dr. Faria Rubab, Dr. Ian Toft, Dr. Jessica Howard, Family Physicians	TBA
2:45 p.m.	◊◊Nutrition Break◊◊	Kensington & Exhibition Hallway

3:15 p.m.	Small Group Session Two: Repeat of Concurrent Sessions above except Session 5, Dermoscopy workshop, which is a full afternoon session	
4:15 p.m.	Receipt of Electronic Evaluation/ Adjournment	

NOTE: The program *Evaluation* will be sent to your email address which you will return electronically. Your *Certificate of Attendance* will be sent to your email address.

Session Learning Objectives

Early Bird Breakfast

Mastering Migraine: A Comprehensive Guide for the General Practitioner

Dr. Tommy Chan

Learning objectives:

1. Diagnosis Precision and Differential Diagnosis: Emphasize the importance of differential diagnosis to distinguish migraine from other types of headaches (such as tension-type headaches, cluster headaches, or secondary headaches due to underlying medical conditions).
2. Tailored Treatment Plans and Management Strategies: Discuss various treatment approaches, including acute and preventive medications, lifestyle modifications, and complementary therapies.
3. Patient Education: Explain the significance of patient education in managing migraine and early intervention strategies. Encourage general practitioners to engage patients in shared decision-making.

The Ebb and Flow of Type 2 Diabetes: Is Remission Possible?

Dr. Sonya Reichert

Learning objectives:

1. Identify the different levels of prevention, and how to apply them in the management of type 2 diabetes.
2. Review the recent Diabetes Canada Guideline chapter on diabetes remission.
3. Apply strategies to safely support individuals in remission through medication deprescription.

The Role of Primary Care in Managing Infertility Cases

Dr. John McNaught

Learning objectives:

1. Describe the role of the primary care practitioner in infertility care.
2. Identify what infertility is based on the guidelines and when to refer.
3. Identify how to work up infertility before a referral is made to a fertility clinic.
4. Understand the costs associated with fertility treatment in Ontario.

First Nations or last? Healthcare Sovereignty and Allyship in Deshkan Ziibiing: Sharing from a physician who walks in two worlds.

Dr. Samantha Boshart

Learning objectives:

1. Locate and describe local First Nations communities.
2. Explain how colonization behaves and influences health of First Nations people through generations.
3. Reflect on your own ability to be an Ally and Identify one action you might take to improve Allyship.

Are you a good or GREAT teacher?

Dr. Eric Wong

Dr. Jamie Wickett

Learning objectives:

1. Describe key teaching tips that can make a great teacher.

Unleashing the Power of AI in Community Practice: the good, the bad, the ugly

Dr. Devin Singh

Learning objectives:

1. Build literacy and a foundation of understanding around key concepts, definitions, and terms as they relate to artificial intelligence in healthcare.
2. Review emerging AI powered technologies and their near-term potential to disrupt community practice at scale.
3. Examine an array of critical considerations a community practitioner must have when adopting AI based technologies into practice.

The New 2024 Ontario Health Hypertension Quality Standards – what does this mean for Primary Care?

Dr. George Dresser

Learning objectives:

1. Describe the Ontario Health Quality Standards development process.
2. Identify new and important older information relevant to hypertension care.
3. Discuss practice change necessary to lead hypertension primary care.

Prescribing Apps for Lifestyle Medicine

Dr. Jeffrey Alfonsi

Learning objectives:

1. Describe the landscape and applicable evidence for using mobile apps to assist with lifestyle modification.
2. Describe commonly used apps for lifestyle modification and their key features.
3. Describe how to deploy mobile apps for patient care through case studies.

Injections for Chronic Pain Management - a practical workshop.

Dr. Eldon Loh

Learning objectives:

1. Describe the role of injections in the management of chronic pain.
2. List the types of injections that family physicians can provide in their practices for patients with chronic pain.
3. Describe the techniques, preparations and equipment required for injections that family physicians can provide in their practices for patients with chronic pain.

Ophthalmology in Primary Care

Dr. Yiannis Iordanous

Learning objectives:

1. To discuss common eye concerns in primary care.
2. Review red flags for common eye conditions.
3. Review indications for when to refer and who to refer to (ophthalmology vs optometry).

Dermoscopy in Family Medicine - 101

Dr. Saadia Jan

Dr. Ian Toft

Dr. Jessica Howard

Dr. Faria Rubab

Learning objectives:

1. Identify the benefits of and skills required to effectively use dermoscopy as a clinical tool in Family Practice.
2. Demonstrate the use of dermoscopy in screening pigmented malignant vs. non-malignant lesions using the 3-Point Checklist.
3. Employ pattern recognition of the common pigmented skin lesions and begin to differentiate and diagnose them.

March 26, 2024

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